

# Start the Conversation with Your Healthcare Provider



## What COVID-19 vaccine options are available for me and my loved ones?

You have choices. When it comes to getting your COVID-19 vaccine, there are different types of vaccines to choose from, including a protein-based vaccine or mRNA vaccines.<sup>1</sup>



## Who should get a COVID-19 vaccine? If I got vaccinated in the spring, will I need to get vaccinated again in the fall?

The CDC recommends everyone six months and older get an updated 2024-2025 COVID-19 vaccine.<sup>1</sup> This is especially important for the elderly and people with severe health conditions.<sup>2</sup> Ask your pharmacist or another healthcare provider about your COVID-19 vaccine options.



## Why is it important to stay up to date with a COVID-19 vaccine?

New COVID-19 virus variants continue to evolve over time, which is why manufacturers have developed updated COVID-19 vaccines for the 2024-2025 season.<sup>3</sup>

COVID-19 vaccination helps protect people from getting seriously ill, being hospitalized, and even dying from COVID-19.<sup>4</sup> Vaccines are especially important for populations like the elderly and those with weakened immune systems who are at an increased risk for severe outcomes from COVID-19.<sup>2</sup>



## When is the best time to get a COVID-19 vaccine?

Vaccination remains an important tool to help protect against COVID-19.<sup>1</sup> It's important to speak with your pharmacist or another healthcare provider as soon as the 2024-2025 COVID-19 vaccines are available to determine the best time to receive a COVID-19 vaccine.



## May I choose a different type of vaccine if I've previously been vaccinated with another?

It's important to know that people who received one type of COVID-19 vaccine previously can receive another type of vaccine.<sup>5</sup> Talk to your pharmacist or another healthcare provider about your COVID-19 vaccine options.



## If I already had COVID-19 and recovered, do I still need to get a COVID-19 vaccine?

According to the CDC, you should get a COVID-19 vaccine even if you already had COVID-19.<sup>6</sup> Talk to your pharmacist or another healthcare provider about your COVID-19 vaccine options.



## Can I get my COVID-19 and flu shots at the same time?

According to the CDC, getting a flu vaccine and COVID-19 vaccine at the same visit is acceptable.<sup>6</sup> Ask your pharmacist or another healthcare provider if you are eligible and if the timing for each vaccine is right during your appointment.



## Why have COVID-19 vaccine manufacturers updated the vaccines for the 2024-2025 season?

CDC data shows that updated COVID-19 vaccines helped protect people against circulating variants.<sup>3</sup> Manufacturers have developed updated 2024-2025 COVID-19 vaccines to address these variants.<sup>3</sup>

For more information about the latest COVID-19 variant, please visit [www.CDC.gov](http://www.CDC.gov) and speak with your pharmacist or healthcare provider about ways to help protect yourself and your loved ones.

### WHEN AND WHERE TO GET VACCINATED

It's important to speak with your pharmacist or another healthcare provider to learn more about your COVID-19 vaccine to learn more about Novavax's COVID-19 vaccine option and find a vaccine near you at:

[choosenovavax.com](https://www.choosenovavax.com) ▶



<sup>1</sup> Centers for Disease Control and Prevention. COVID-19 Vaccine Basics. Accessed August 8, 2024. <https://www.cdc.gov/covid/vaccines/how-they-work.html>  
<https://www.cdc.gov/covid/vaccines/how-they-work.html#:~:text=After%20vaccination%2C%20nearly%20cells%20pick,it%20thinks%20is%20an%20infection.>

<sup>2</sup> Centers for Disease Control and Prevention. Underlying Conditions and the Higher Risk for Severe COVID-19. Accessed August 13, 2024. <https://www.cdc.gov/covid/hcp/clinical-care/underlying-conditions.html>

<sup>3</sup> Centers for Disease Control and Prevention. COVID-19 Vaccine Effectiveness. Accessed July 31, 2024. <https://www.cdc.gov/ncidz/whats-new/covid-19-vaccine-effectiveness.html>

<sup>4</sup> Centers for Disease Control and Prevention. Benefits of Getting Vaccinated. Accessed August 15, 2024. <https://www.cdc.gov/covid/vaccines/benefits.html>

<sup>5</sup> Centers for Disease Control and Prevention. Staying Up to Date with COVID-19 Vaccines. Accessed August 8, 2024.

<sup>6</sup> [https://www.cdc.gov/covid/vaccines/stay-up-to-date.html?CDC\\_AAref\\_Val=https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html](https://www.cdc.gov/covid/vaccines/stay-up-to-date.html?CDC_AAref_Val=https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html)

<sup>7</sup> Centers for Disease Control and Prevention. COVID-19 Vaccine Frequently Asked Questions. Accessed August 13, 2024. <https://www.cdc.gov/covid/vaccines/faq.html>