There is no substitute for attending live, face-to-face professional development conferences relevant to your career goals and needs. When you make the investment of time and money, you return to the workplace with a renewed sense of purpose, armed with new knowledge, tools and contacts that can turn into long-term professional relationships.

Join us for the annual Florida Conference on Aging, the largest multi-disciplinary aging network conference in Florida! We have an amazing line up of speakers, exhibitors, workshops, receptions, and networking opportunities. View the Registration Brochure here. We have some exciting offerings this year!

- FCOA partner the Florida Association of Aging Services Providers and sponsor Therap Services will be hosting a photography booth for conference attendees to have professional head shots taken. This is a great opportunity to update your professional profile on social media and your company website. There will be no cost to registered attendees. Prior to the conference we will email all registrants a link where you can book a specific appointment time for your new headshot!
- FCOA is happy to bring back the Member Networking Reception on Monday, August 13th at 7:00 PM. This event will be brought to you by new sponsor Assisting Hands. This event is open to all full conference registrants or single day Monday registrants. Be sure to join us for refreshments and the only item on the agenda is to network and have fun with your colleagues.
- The FCOA Advocacy work over the last decade has had a significant impact on raising awareness of home and community based programs, in addition to increasing funding to support Community Care for the Elderly, Home Care for the Elderly, Alzheimer’s Disease Initiative/Respite Programs and the Local Services Programs. Join us on Tuesday, August 14th at 4:45 PM as we plan for the 2019 Legislative Session and how you can play a more active role in the FCOA Advocacy Initiative. This session will be sponsored by FCOA and PinPoint Results.
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The Census Bureau call center receives hundreds of questions every month. To track down a birth certificate, start by searching state records through the National Center for Health Statistics at the Centers for Disease Control.

If you’re out of luck there, your next stop is the Census Bureau. You can request proof of age and date of birth, through the age search service on census.gov.

For more help, call the Census Bureau customer service 800-923-8282 or the National Processing Center at 812-218-3046.

**FLORIDA RESIDENTS!**

CLICK HERE TO SEE IF YOU QUALIFY TO RECEIVE YOUR FREE AMPLIFIED PHONE!

FTRi is a statewide nonprofit providing free amplified phones to Florida Residents with hearing loss.

**LOUD. CLEAR. FREE.**
Welcome to the Florida Conference on Aging 2018

I am excited to personally invite you to the Florida Conference on Aging 2018 in partnership between the Florida Council on Aging (FCOA) and the Florida Association of Aging Service Providers (FASP) to be held at the Tampa Marriott Waterside Hotel August 13-15. Our staff and conference committee work each year to make the conference the best ever and this year that goal will be met once again. It is also a great opportunity to meet and network with the experts in aging services.

I looked forward to this conference long before becoming active in FCOA. As an elder law attorney, my professional attention was naturally drawn to working with and understanding the Byzantine world of Medicaid, Medicare and VA benefits. Working as a leader in our local Area Agency on Aging and FCOA has led me to a more rounded understanding of the issues facing seniors in Florida, and has given me a respect for and a sense of belonging in the aging services community that is here to help chronically ill and disabled seniors and their families receive needed help to stay independent and in charge of their own lives.

We have been marketing the conference with great materials but I want to repeat some of the highlights here.

- A Monday morning preconference intensive “Leadership Skills for Today’s Demanding Workplace.” This program is provided by FASP and is a must attend part of the conference. The program will run from 8:30 AM-12:30 PM and there is a separate fee for the intensive.
- At 1PM, the opening session will feature Dr. Whitney Bailey from the Administration for Community Living and the plenary speakers will deal with the issue of isolation in older adults. Many experts believe isolation to be the most pressing senior issue we must learn how to solve.
- Following the opening session, the remainder of the afternoon will be made up of concurrent workshops and conclude with the Opening Reception of the Exhibit Hall. You should consider teaming up with a coworker or friend to cover more than one workshop per time frame. The most difficult problem with the conference is in deciding which workshops to attend.
- Tuesday morning Bob Blancato, Chair of the American Society on Aging, will provide insight on what to expect from Washington. Martie Moore will discuss leadership, staff engagement, and communication and how they play a role in emergency preparedness and safety. The rest of the day will be devoted to more concurrent workshops, the FPL Quality Senior Living Awards luncheon and the Closing Reception of the Exhibit Hall.
- Wednesday morning will be the last set of concurrent workshops followed by a closing brunch session not to be missed on Leveraging the Advantages of an Aging Society, a critical topic and a great sendoff to all attending the conference.

I look forward to seeing many long time friends at the conference and even more to making new friends. Please introduce yourself if you see me in the hall, meetings or other events so I can personally express my appreciation that you are attending.

- Charlie Robinson
Message about Dr. Carter Osterbind

Written by Margaret Lynn Duggar in July 2016

When preparing the script several years ago for the FCOA/FPL QSLA Awards I realized that most of the people in the room may not have any clue who Dr. Carter Osterbind was; I thought that was really sad. Some of us in the Aging Network knew him very well and benefitted greatly from many personal interactions with him. He mentored me in many ways over the years. I suggest you ask Larry Polivka, Josefin Carbonell, LuMarie Polivka-West, John Clark, me and any other “legends” in FCOA about him. So I am taking the opportunity here to tell you about him and how special he was to me.

Carter Osterbind was President of FCOA in 1961. He was an economist who served as Director of the Gerontology Program at the University of Florida. In a way, the annual aging conference that the University sponsored in the 1950’s, 1960’s and 1970’s could be said to be the forerunner of today’s Aging Network Conference. Carter contributed greatly to FCOA, in part from his loyal attendance at the conference every year and willingness to serve on committees and represent FCOA in many arenas, up until his retirement in 1981. But Carter also contributed in many other valuable ways: he brought important economic data and other research to FCOA; he promoted gerontological programs and education at UF and other universities and attracted many outstanding faculty to UF. I think his greatest legacy to aging in Florida was his personal gifts to many of us who are still working in the field -- and hopefully making valuable contributions.

A few brief personal remembrances: In March of 1973, two months after I was hired to create Meals on Wheels in Tallahassee, I was asked to speak to the Florida Council on Aging meeting. Carter Osterbind was the organizer of this annual conference. I was invited to speak at a luncheon to tell the attendees what Meals on Wheels was! When I spoke, I was treated as an expert. BUT, we had been serving meals less than 2 weeks. We prepared a slide presentation and off I went. I was warmly welcomed into FCOA, and Carter was so very helpful, reassuring and attentive. At the end of my presentation, in front of everyone, he asked me to join FCOA, so I did -- right there and then!

In 1979 when I was President of FCOA, I had suggested to Governor Graham that he call a Governor’s Conference on Aging in 1980 to prepare Floridians for the 1981 White House Conference on Aging. Governor LeRoy Collins had done this in 1960 with FCOA in preparation for the 1961 White House Conference on Aging. Governor Graham readily agreed, he said, if I would Chair it and allow Mrs. Graham to be my Honorary Chair. Although I wasn’t prepared for that request, I quickly agreed. We formed an Advisory Committee on which Carter agreed to serve. Mrs. Graham hosted all of our meetings at the Governor’s Mansion and participated fully. What I recall so vividly from then is how supportive and helpful Carter was. If things happened as they should, someone like Carter would have chaired that group; someone with much more history, credibility, experience and expertise in the field. By then I was just a first-year area agency on aging director with a good idea. Carter walked beside me, helping me and advising me every step of the way.

I learned an extraordinary lesson from Carter in the 1980’s at a southeastern regional meeting in Atlanta that I was facilitating for the Administration on Aging Regional Office. The meeting started mid-morning and the first two hours were very contentious. Carter said little. I was frustrated about that because I thought he could have helped calm the waters. As we were concluding the morning, Carter spoke last. I never saw him take a note, but he spoke softly and suggested that we move five items forward, as consensus, naming each and recognizing the person who had recommended it. Everyone nodded and agreed. It was magical. He had just concluded two hours of lively talk and brought everyone together. I learned that it is more powerful to listen and later move the best ideas forward than it is to speak in the heat of battle.

Finally, when I was state director on aging, after a very difficult lawsuit, my deputy and I were at the aging conference. Carter knew how difficult the situation had been for us and he asked if he could treat us to dinner. The situation was so distressing because the result was that elders in 2 regions would lose funding for services to another region. We later got the Legislature to make up the lost funding from general revenue, but we had no idea about that solution at that time. We ended up having dinner in my suite with Carter, and the late Dr. Hal Riker, another FCOA Past President from Gainesville. Carter ordered stone crabs from Joe’s Stone Crabs and had them delivered to the hotel. Hal and Carter spent the entire evening offering soothing, supportive comments to June Noel and me.

I’m sad that most of you didn’t know Carter, that we no longer have him for all of us - and for all FCOA members.
A 14-Year-Old Made An App To Help Alzheimer’s Patients Recognize Their Loved Ones

When Emma Yang was 7 or 8 years old, her grandmother became increasingly forgetful. Over the next few years, those memory problems, caused by early Alzheimer’s disease, worsened. Yang, who learned to code at an early age, decided to create an app to help. In her app under development, called Timeless, Alzheimer’s patients can scroll through photos of friends and family, and the app will tell them who the person is and how they’re related to the patient using facial recognition tech. If a patient doesn’t recognize someone in the same room, they can take a picture and the tech will also try to automatically identify them. READ MORE AT Fast Company.

Want to Keep Volunteers Coming Back? Value Their Time

The quickest way to lose volunteers is to waste their time. As a volunteer manager, it’s your job to make sure your volunteers’ time is being put to good use. As Kathryn Pauley of Nonprofit Hub points out, “Treat their donation of time with as much importance as you would a monetary donation – because, some would say, a donation of time is more valuable.” In this article, Pauley shares three steps that your organization can take to keep volunteers coming back. http://www.nonprofithub.org/featured/want-to-keep-volunteers-coming-back-value-their-time/
Gaps Remain in Recommended Vaccines for Older Americans

Two thirds of older Americans have never had a shingles vaccine, and close to half haven't had a tetanus shot in the past 10 years, according to a data brief by the National Center for Health Statistics (NCHS) of the Centers for Disease Control and Prevention.

Rates of coverage with influenza and pneumococcal vaccine are better but gaps remain, according to researchers.

In 2015, more than 47 million people in the United States were aged 65 years and older. Because older adults are at increased risk for complications from vaccine-preventable infections, the Advisory Committee on Immunization Practices recommends influenza vaccination, two doses of pneumococcal vaccine, one dose of shingles vaccine (or two doses of the new shingles vaccine), and a tetanus booster every 10 years.

Among adults aged 65 years and older, 69% had received an influenza vaccine in the past year, with rates slightly higher in men (70%) than women (68%). Influenza vaccination coverage increased from 67% among adults aged 65 to 74 years, to 72% for those 75 to 84 years, and 73% for those 85 years and older.

For pneumococcal vaccine, 64% of elderly women and 63% of elderly men ever had the vaccine. Pneumococcal vaccination increased from 61% for those aged 65 to 74 years to almost 69% among those aged 75 to 84 years. The rate was 68% in those 85 years and older.

Only 34% of adults aged 65 and older have ever had a shingles vaccine, with rates a bit higher in women (36%) than men (32%). Shingles vaccine coverage decreased with advancing age, from 36% in adults aged 65 to 74 years to 29% among those 85 years and older.

For all of these vaccines, non-Hispanic whites were more apt to get them than were other racial and ethnic groups, and coverage was positively associated with family income.

As previously reported by Medscape Medical News, a recent study found that unvaccinated adults took a toll on the US economy to the tune of $7.1 billion in 2015: 80% of a total cost-of-illness burden of $8.95 billion for vaccine-preventable diseases.

NCHS Data Brief Published online June 28, 2017.

Invitation to Become a Community Partner for Healthy Aging

The Florida Council on Aging (FCOA), through a grant from Glaxo Smith Kline, is undertaking an initiative to increase the number of older adults who get vaccinated against Shingles, Flu and Pneumonia. FCOA is working with Walgreen’s, Florida Blue, GA Foods and FPL to implement this activity statewide. We are open to other statewide partners!

You are invited to become a Partner for Senior Health! Your role in the Initiative is to inform and educate older adults and their families about the importance of getting Shingles – 2 shots a few months apart, Flu & Pneumonia vaccinations. FCOA will provide educational resources to you for free, compliments of Walgreens and other partners, e.g. CDC, Florida Blue.

Determine what level of partner you wish for your organization to be:

Level I: Education only. Simplest level. You agree to:
- Educate elders, especially homebound elders, about the importance of the vaccines for their health.
- Document & send to FCOA the number of seniors educated.
- Optional, but preferred: Arrange for someone to administer immunizations at your center, meal sites and/or senior housing.

Level Two: Education and Action! You agree to items in Level I plus:
- Arrange for someone to administer vaccinations at your center, meal site and/or senior housing. And, remember to accommodate the homebound population!
- Apply to FCOA for support funding of up to $1,000 to support educational activities and documentation. Funds cannot be spent on transportation to get immunized.
- Documentation is essential. We need to show we have increased the vaccination rate for older adults.

Complete the simple, one page application form by close of business on Wednesday, July 18.

Partners will be announced at the Aging Network Conference on Monday, August 15, at the Opening Session.

Ideas? Questions? Email Margaret Lynn Duggar at mlduggar@mlduggar.com
In Time for Summer: How Older Adults Can Get Energy Assistance

Summer is here and many older adults are struggling to afford the cost of cooling their homes. In addition to the Low-Income Home Energy Assistance Program (LIHEAP), other programs may be available to low-income households. The National Council on Aging developed a fact sheet that outlines benefits other than LIHEAP that can help seniors and persons with disabilities pay for energy costs. Download the fact sheet

New Website Will Help Florida Businesses Prepare for Natural Disasters

The Florida Department of Economic Opportunity (DEO) announced the launch of a new website, FloridaDisaster.biz, to help Florida businesses prepare for and recover from hurricanes and other disasters. By providing critical information before, during and after a disaster, the website will help businesses recover and get Floridians back to work following emergencies. Features of the new website include: A disaster planning toolkit to help businesses prepare for hurricanes and other disasters; Critical disaster updates from the State Emergency Operations Center to keep businesses informed during emergencies; and A Business Damage Assessment Survey to help businesses get back up and running after an emergency.
Did you know that you can just register for the Pre-Conference Intensive? Of course we hope that you will register to also attend the full conference, but we understand that sometimes schedules and budgets don't allow it. We have a great Pre-Conference Intensive scheduled for **Monday, August 13, 2018 from 8:30 AM - 12:30 PM**. The fee to attend is $50 for members of FCOA or FASP and $60 for non-members.

**Leadership Skills for Today’s Demanding Workplace - FASP Pre-Conference Intensive**

Today’s workplace requires leadership skills that are different from the past. With constant attacks on our attention, rapid requests for solutions to more complex decisions and five generations working side by side in the workforce, leaders need to be aware of new ways to respond to today’s workplace. Topic areas covered will be: leadership brand and styles; dynamics in the workplace; conflict management; motivating and rewarding staff; and providing performance feedback. **PRESENTER:** Mindy Price, Chief PACE Setter, Direct Effect Solutions, Inc., Pickerington, OH

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**Get Your Professional Head Shots at the Florida Conference on Aging!**

Join us at the Florida Conference on Aging Monday, August 13th or Tuesday, August 14th and get a professional head shot done for your social media account and/or your company website. The Florida Association of Aging Services Providers (FASP) in partnership with Therap Services will be providing an opportunity for attendees to have professional head shots taken at no charge! Prior to the Conference, we will email all registrants with a registration link to sign up for your time with the photographer. On-site registration will also be available.
Worried About Grandpa’s Guns? Here’s What You Can Do.

By JoNel Aleccia and Melissa Bailey
June 25, 2018

Delmar Scroughams and his wife, Vergie “Verg” Scroughams, pray before dinner in May 2018. Delmar developed dementia after a stroke in 2009 and recently started displaying anger. “In 45 years of marriage, we’ve never had a big fight,” says Verg. “That’s not my Delmar.” (Heidi de Marco/KHN)

What families do ahead of time?
Talk to your loved one about how to safely transfer ownership of their guns if they should become incapacitated. Consider writing a “gun trust,” a legal document outlining that process.

Doctors are legally allowed to inquire about access to firearms when a person is diagnosed with dementia. But, experts say, they often don’t. If the health provider doesn’t bring it up, families should ask about gun safety along with other concerns, such as driving and use of kitchen appliances and power tools.

What if a person with dementia wants to transfer their guns?
“No one should hesitate to accept a gun from a family member who is choosing to turn the gun over because of dementia,” said Lindsay Nichols, federal policy director at the Giffords Law Center to Prevent Gun Violence. Forty-eight states explicitly allow a person to transfer a gun to a family member without a background check, she said. In Connecticut and Rhode Island, a lawyer could justify the move based on interpretation of state law, but prosecution is unlikely, she said.

What if family members don’t want to accept guns?
Some law enforcement agencies will temporarily store guns if there’s a potential threat. In some cases, distressed families have dropped off firearms at gun shops or shooting ranges for safekeeping, though that is not ideal, noted Jacquelyn Clark, owner of Bristlecone Shooting, Training and Retail Center in Lakewood, Colo. Dealers may be able to buy or consign the guns.

What if the gun owner doesn’t want to give them up?
By federal law, a person loses the right to buy or own a gun if a judge deems them mentally incompetent to make decisions. Family members usually have to go to probate court for this kind of ruling, where they can be appointed as a guardian and take control of the guns.

What about veterans?
Veterans who have been deemed mentally incompetent to manage their finances also lose their right, under federal law, to buy or own guns. As of March, nearly 109,000 veterans were barred from gun ownership because of their enrollment in the Veterans Affairs fiduciary program.

What if they’re making threats?
In any state, police can take guns away from someone who threatens a specific crime. In the 11 states with “red flag” gun laws, law enforcement can seek a court order to temporarily seize guns from a person who exhibits dangerous behavior. In five of those states — California, Washington, Oregon, Maryland and New Jersey — family or household members can also initiate these gun-seizure requests.

What if families want to keep the guns at home?
Store the guns unloaded in a locked cabinet or safe, with the ammunition stored separately. You can also disable the guns, replace bullets with blanks or replace the guns with decoys, but that raises the risk of them being mistaken for a functioning weapon in an emergency.

Sources: Giffords Law Center to Prevent Gun Violence; state legislatures; Texas Alzheimer’s and Memory Disorders program at Texas Health; Bristlecone Shooting, Training and Retail Center
KHN’s coverage of these topics is supported by Gordon and Betty Moore Foundation, John A. Hartford Foundation and The SCAN Foundation
Kaiser Health News is a nonprofit news service covering health issues. It is an editorially independent program of the Kaiser Family Foundation, which is not affiliated with Kaiser Permanente.
Volunteer Florida Announces $360,000 in Funding Available for Florida Nonprofits

June 2, 2018 – TALLAHASSEE, Fla. – Today, Volunteer Florida announced the availability of grant funding to help nonprofits recruit and retain skills-based volunteers. The Volunteer Generation Fund (VGF) will allow nonprofits to use these volunteers to serve Florida students, families and communities. Volunteer Florida will distribute a total of $360,000; each grantee will receive $15,000.

VGF is funded by the Corporation for National and Community Service (CNCS) and administered by Volunteer Florida. In 2018-2019, Volunteer Florida’s VGF program will help local nonprofits manage and support approximately 9,600 skills-based volunteers, who will collectively contribute 72,000 hours of service throughout the state – a value of $1,679,760.

Volunteer Florida National Service Programs Director, Cat Keen, said, “As Florida’s lead agency for volunteerism, we are excited to announce this grant funding that will strengthen the operations of nonprofits in the state. Our investment will put volunteers to work in diverse and high-impact positions, such as teaching financial literacy, providing disaster recovery and helping job-seekers find employment.”

Skills-based volunteerism expands the impact of community organizations by leveraging the skills of professionals, including teachers, IT consultants, accountants and attorneys. Special consideration will be given to organizations involved in disaster services and organizations that work to reduce or prevent prescription drug or opioid abuse. The nonprofits will match the funding with $360,000 in local investments, bringing the total investment in Florida communities to $720,000.

To view the notice of funding opportunity and learn more, visit Volunteer Florida’s Grants page.

Lack of Prioritization, Stigma, and Other Barriers to Women’s Heart Health

According to the recent study among U.S. women aged 25–60 and physicians, Knowledge, Attitudes, and Beliefs Regarding Cardiovascular Disease in Women published in the Journal of the American College of Cardiology, both female patients and their providers place insufficient emphasis on cardiovascular disease (CVD) in women. Highlights from the study include:

- Women and physicians rate weight issues and breast health more often than heart disease as top concerns.
- Only 16 percent of primary care physicians and 22 percent of cardiologists indicated that they implemented all eight of the American Heart Association’s guidelines for CVD risk assessment.
- Despite 83 percent of women believing that being overweight was a risk factor for heart disease, 45 percent of women cancelled or postponed a physician appointment until losing a few pounds.
Welcome New Members
April & May

Barbara Curtis, Florida Adult Day Services Association, Gainesville
Elaine Jensen, Florida Adult Day Services Association, Gainesville
Natalie Lemke, Florida Adult Day Services Association, Gainesville
Myrna Moore, Port Saint Lucie

Member News

Gail Computaro, former Executive Director of the Council on Aging of Volusia County and long time member of the Florida Council on Aging, passed away in May. Our deepest sympathies to her family and friends.

Tallahassee Senior Center received a grant from the Florida Blue Foundation to implement the UPSLIDE Program to prevent social isolation and depression in seniors. Staff will be presenting about this program at the Florida Conference on Aging.

Congratulations to Randy Hunt, CEO of the Senior Resource Alliance and former FCOA Board Trustee on his retirement. Pictured below with (from left to right) Jaime Estremera-Fitzgerald, Linda Levin, Amber McCool, Ann Marie Winter, Randy Hunt, Marianne Lorini, Lisa Bretz, Charlotte McHenry, Kristen Griffis and Robert Beck.

Jaime Estremera-Fitzgerald has assumed the position of President of the Florida Association of Area Agencies on Aging (F4A). Congratulations!
Social Security’s Financial Outlook: The 2018 Update in Perspective, by Alicia H. Munnell (IB No. 18-11, June 2018). The 2018 Trustees Report shows virtually no change: Social Security’s 75-year deficit ticked up from 2.83 percent to 2.84 percent of payroll; Trust fund exhaustion is still 2034, after which payroll taxes still cover about three quarters of promised benefits.

Socioeconomic status moderates age-related differences in the brain’s functional network organization and anatomy across the adult lifespan, by Micaela Y. Chan, Jinkyung Na, Phillip F. Agres, Neil K. Savalia, Denise C. Park, and Gagan S. Agrest (Vol. 115, No. 22, May 29, 2018). An individual’s environment interact with the development and maturation of their brain. An important aspect of an individual’s environment is his or her socioeconomic status (SES), which estimates access to material resources and social prestige.

Millennials: The Emerging Generation of Family Caregivers, by Brendan Flinn (May 2018). Each year, about 40 million American adults provide support with basic functional (e.g., help with eating, bathing), household (e.g., meal preparation, help with shopping), and medical/nursing tasks to help individuals remain in their homes and communities. Of these 40 million family caregivers, about 1 in 4 is part of the Millennial generation.

Using Telehealth to Improve Home-Based Care for Older Adults and Family Caregivers, by Winifred V. Quinn, Ellen O’Brien, and Greg Springan (May 2018). Research has shown that there are types of telehealth that help some older adults with specific chronic needs, although they don’t help all. As more care is provided via telehealth services, there will be more evidence to further demonstrate telehealth’s usefulness and its cost-effectiveness—or lack thereof.

Modernizing Social Security: An Overview, by Alicia H. Munnell and Andrew D. Eschtruth (IB No. 18-9, May 2018). Many policy experts support targeted changes to Social Security benefits for vulnerable groups, such as caregivers, widows, the very old, and low earners.

Same-Sex Couples Devote More Attention to End-of-Life Plans than Heterosexual Couples, by Mieke Beth Thomeer, Rachel Donnell, Corinne Reczek, and Debra Umberson (June 2018). Informal planning conversations and formal end-of-life plans differ for same-sex and different-sex couples. Same-sex spouses devote considerable attention to both informal and formal end-of-life planning, while heterosexual spouses report minimal informal or formal planning.

Aging in Place with Permanent Supportive Housing, by Benjamin Henwood (April 2018). Permanent supportive housing (PSH) is effective at ending chronic homelessness. PSH should also be designed to accommodate the aging experience by homeless adults in order to help them age in place once they are housed.

Exploring the Rise of Mortgage Borrowing among Older Americans, by J. Michael Collins, Erik Hembre, and Carly Urban (WP 2018-3, May 2018). Americans over age 60 are more than three times as likely to have mortgage debt in 2015 compared to 1980, a 24-percentage point increase. This is a consistent increase across the income distribution. Increases to homeownership account for some of the rise in mortgages, but this has increased by only 9 percentage points among Americans 60+ between 1980—2015.

Providing Home- and Community-Based Nutrition Services to Low-Income Older Adults: Promising Health Plan Practices, by Stephanie Gibbs (April 2018). State Medicaid agencies and health plans increasingly recognize the importance of social support services, including nutritious food, as part of a holistic approach to addressing the needs of low-income older adults and enabling them to live independently.

Fall-risk-increasing drugs and falls requiring health care among older people with intellectual disability in comparison with the general population: A register study, by Anna Axmon, Magnus Sandberg, Gerd Ahlstrom, and Patrik Midlov (PLoS ONE 13(6): e0199218.) With or without prescription of FRIDs, older people with an intellectual disability have a higher risk of falls requiring health care than their age-peers in the general population. It is important to be aware of this when prescribing drugs that further increase the risk of falls.
Retirement Research Foundation Accepting Applications for Projects to Improve Lives of Aging Americans - Grants will be awarded to projects that provide direct services, advocacy, education, and/or training programs for professionals working with elders, as well as for research that investigates causes and solutions to significant problems of older adults. Advocacy, training, and research projects of national relevance will be considered. The foundation considers proposals on February 1, May 1, and August 1.

Strengthening the Financial Literacy and Preparedness of Family Caregivers
Family caregivers often experience significant financial burdens while also facing the challenges of managing the financial affairs of their loved ones. To help address these issues, ACL intends to award one cooperative agreement to undertake activities to improve the financial literacy and preparedness of family caregivers in two key areas: 1) for family caregivers to ensure their own financial well-being, and 2) to better equip them to undertake “financial caregiving” tasks on behalf of a care recipient. Funding opportunity number: HHS-2018-ACL-AOA-FLFC-0309 Estimated total program funding: $250,000 Proposals due: August 10, 2018

Promoting Aging in Place by Enhancing Access to Home Modifications
Older adults overwhelmingly prefer to stay in their homes and communities as they age, but millions live in homes that lack accessibility features that support doing so safely and independently. Home modifications and repairs can help older adults age in place and maintain their independence. In many cases, home modifications can also help to prevent falls and other accidents. Funding opportunity number: HHS-2018-ACL-AOA-HMOD-0308 Estimated total program funding: $250,000 Proposals due: August 13, 2018

The Awesome Foundation is a global community advancing the interest of awesome in the universe, $1,000 at a time. Each fully autonomous chapter supports awesome projects through micro-grants, usually given out monthly. These micro-grants, $1,000 or the local equivalent, come out of pockets of the chapter’s "trustees" and are given on a no-strings-attached basis to people and groups working on awesome projects. Deadline: Open

Mobility & Aging in Rural America: The Role for Innovation: An Introduction for Funders is a general introduction tailored for funders but useful for anyone. This paper offers insights about what’s already working and what is possible from the perspective of providers and thought leaders. It does not require a background in technology or aging. Download here

The Future of Rural Transportation and Mobility for Older Adults: Current Trends and Future Directions in Technology-enabled Solutions is a companion white paper that examines rural mobility through a lens of technology and across a longer timeframe. Download here.
Senior Center Month Materials Now Available

Innovative programs hosted at senior centers can change the perception of aging, and create important community resources for aging expertise. This September, the National Institute of Senior Centers (NISC) encourages you to show your community is building momentum towards the future of aging. We are celebrating this by highlighting the theme Senior Centers: Building Momentum. Promotional and support materials are now available for you to review, download, and use to make a splash when September arrives.

Get the materials

Florida Conference on Aging 2018

Marriott Waterside, Tampa, FL • August 13–15, 2018

Upcoming events and conferences can be found on the FCOA Calendar

Would you like your event added? Email the details to moreinfo@fcoa.org

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